



**Absolute Human Telomere Length and Mitochondrial DNA Copy Number  
Dual Quantification qPCR Assay Kit  
(AHDQ)**

Catalog #8958

100 reactions

**Product Description**

Telomeres are repetitive nucleotide elements at the ends of chromosomes that protect chromosomes from degradation and genetic information loss. Normal diploid cells lose telomeres with each cell cycle. Telomere length, therefore, decreases over time and may predict lifespan. Accurate and consistent quantification of telomere length is important in many aspects of cell biology such as chromosomal instability, DNA repair, senescence, apoptosis, cell dysfunctions and oncogenesis.

Mitochondrial DNA (mtDNA) is circular, multicopy genome DNA located in mitochondrion, a cellular organelle that plays a key role in the energy production. The capacity for energy production in a cell depends on both mtDNA integrity and copy number.

Evidence suggests that telomere length and mitochondrial dysfunction are positively correlated in cellular aging and other age-related disorders such as cancer, diabetes and neurodegenerative diseases. A possible mechanistic link between them has been proposed through the PPAR signaling pathway. However, the specifics of the mechanism still have to be elucidated.

ScienCell's Absolute Human Telomere Length and Mitochondrial DNA Copy Number Dual Quantification qPCR Assay Kit (AHDQ) is designed to simultaneously quantify the average telomere length and mtDNA copy number of a human cell population using qPCR. The telomere primer set recognizes and amplifies telomere sequences. The mtDNA primer set recognizes and amplifies one of the most conserved regions on human mtDNA and will not amplify any off-target sequence on nuclear genomic DNA. The single copy reference (SCR) primer set recognizes and amplifies a 100 bp-long region on human chromosome 17, and serves as reference for data normalization. The reference genomic DNA sample with known telomere length and mtDNA copy number serves as a reference for calculating the telomere length and the mtDNA copy number of target samples. The carefully designed primers ensure: (i) high efficiency for trustworthy quantification; and (ii) no non-specific amplification. Each primer set has been validated by qPCR with melt curve analysis and gel electrophoresis for amplification specificity and by template serial dilution for amplification efficiency.

## Kit Components

Cat #	Component	Quantity	Storage
MB6018a-1	2X GoldNStart TaqGreen qPCR master mix, 1 mL	3 vials	-20°C
8958a	Telomere primer set, lyophilized	1 vial	-20°C
8958b	Human mtDNA primer set, lyophilized	1 vial	-20°C
8958c	Human single copy reference (SCR) primer set, lyophilized	1 vial	-20°C
8958d	Nuclease-free H <sub>2</sub> O	6 mL	4°C
8958e	Reference Human genomic DNA sample (Lot #30209, telomere length: 340 ± 18 kb per diploid cell; mtDNA copy number: (1.05 ± 0.05) x 10 <sup>3</sup> copies per diploid cell)	100 µL	-20°C

## Additional Materials Required (Materials Not Included in Kit)

Component	Recommended
DNA isolation kit	DNeasy Blood & Tissue Kit (Qiagen, Cat #69504, 69506)
genomic DNA template	Customers' samples
qPCR plate or tube	

## Quality Control

The specificity of the primer sets is validated by qPCR with melt curve analysis. The PCR products are analyzed by gel electrophoresis. The efficiency of the primer sets is validated by template serial dilution (See **Appendices 1 through 3**). The telomere length and mtDNA copy number of reference genomic DNA sample are determined by qPCR standard curve method (See **Appendix 4**).

## Product Use

AHDQ is for research use only. It is not approved for human or animal use, or for application in clinical or *in vitro* diagnostic procedures.

## Shipping and Storage

The product is shipped on dry ice. Upon receipt, store the GoldNStart TaqGreen qPCR master mix (Cat #MB6018a-1) in the dark at -20°C in a manual defrost freezer, store the primers (Cat #8958a, 8958b and 8958c) and the reference genomic DNA sample (Cat #8958e) at -20°C in a manual defrost freezer, and nuclease-free H<sub>2</sub>O (Cat #8958d) at 4°C. Once thawed, do NOT refreeze GoldNStart TaqGreen qPCR master mix (Cat #MB6018a-1), and keep in the dark at 4°C or on ice at all times.

## Procedures

**Important:** *Only use polymerases with hot-start capability to prevent possible primer-dimer formation. Only use nuclease-free reagents in PCR amplification.*

1. Prior to use, allow vials (Cat #8958a, 8958b and 8958c) to warm to room temperature.
2. Centrifuge the vials at 1,500x g for 1 minute.
3. Add 200  $\mu$ l nuclease-free H<sub>2</sub>O (Cat #8958d) to telomere primer set (lyophilized, Cat #8918a) to make telomere primer stock solution. Aliquot as needed. Store at -20°C in a manual defrost freezer. Avoid repeated freeze-and-thaw cycles.
4. Add 200  $\mu$ l nuclease-free H<sub>2</sub>O (Cat #8958d) to mtDNA primer set (lyophilized, Cat #8958a) to make mtDNA primer stock solution. Aliquot as needed. Store at -20°C in a manual defrost freezer. Avoid repeated freeze-and-thaw cycles.
5. Add 200  $\mu$ l nuclease-free H<sub>2</sub>O (Cat #8958d) to SCR primer set (lyophilized, Cat #8958b) to make SCR primer stock solution. Aliquot as needed. Store at -20°C in a manual defrost freezer. Avoid repeated freeze-and-thaw cycles.
6. For the reference genomic DNA sample (Cat #8958e), prepare three qPCR reactions, one with telomere primer stock solution, one with mtDNA primer stock solution, and one with SCR primer stock solution. Prepare 20  $\mu$ l qPCR reactions for one well as shown in Table 1. The reference genomic DNA sample (Cat #8958e) included in the kit is enough for 30 qPCR reactions with each of the primer sets.

**Table 1.**

Reference genomic DNA sample (Cat #8958e)	1 $\mu$ l
Primer stock solution (Telomere, mtDNA or SCR)	2 $\mu$ l
2X GoldNStart TaqGreen qPCR master mix (Cat #MB6018a-1)	10 $\mu$ l
Nuclease-free H <sub>2</sub> O (Cat #8958d)	7 $\mu$ l
<b>Total volume</b>	<b>20 <math>\mu</math>l</b>

7. For each genomic DNA sample, prepare three qPCR reactions, one with telomere primer stock solution, one with mtDNA primer stock solution, and one with SCR primer stock solution. Prepare 20  $\mu$ l qPCR reactions for one well as shown in Table 2.

**Table 2.**

Genomic DNA template	0.5 – 5 ng
Primer stock solution (Telomere, mtDNA or SCR)	2 $\mu$ l
2X GoldNStart TaqGreen qPCR master mix (Cat #MB6018a-1)	10 $\mu$ l
Nuclease-free H <sub>2</sub> O (Cat #8958d)	variable
<b>Total volume</b>	<b>20 <math>\mu</math>l</b>

8. Seal the qPCR reaction wells. Centrifuge the plates or tubes at 1,500x g for 15 seconds. For maximum reliability, replicates are highly recommended (minimum of 3).

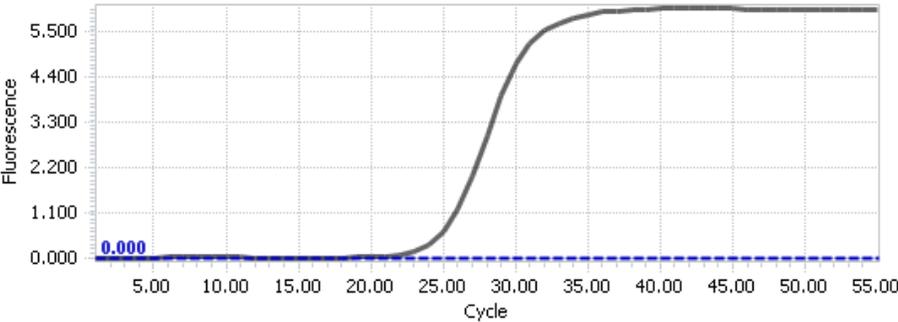
9. Refer to Table 3 for qPCR program setup. The 2X GoldNStart TaqGreen qPCR master mix (Cat #MB6018a-1) does not contain a ROX passive reference dye. If the qPCR instrument being used has a "ROX passive reference dye" option, please deselect this option.

**Note:** The primary factors that determine optimal annealing temperature are the primer length and primer composition. Based on the properties of Telomere, mtDNA and SCR primer sets (Cat #8958a, #8958b and #8958c), we highly recommend an annealing temperature of 52°C as shown in Table 3:

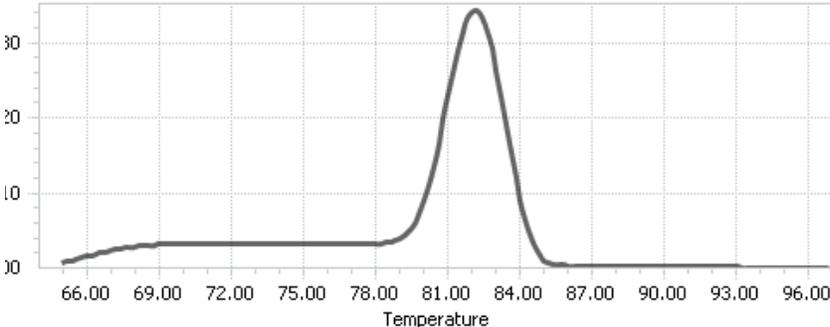
**Table 3.**

Step	Temperature	Time	Number of cycles
Initial denaturation	95°C	10 min	1
Denaturation	95°C	20 sec	32
Annealing	52°C	20 sec	
Extension	72°C	45 sec	
Data acquisition	Plate read		
<i>Optional</i>	<i>Melting curve analysis</i>		1
Hold	20°C	Indefinite	1

**Figure 1.** A typical amplification curve showing the amplification of a qPCR product.



**Figure 2.** A typical melting peak of a qPCR product.



## **Quantification Method: Comparative $\Delta\Delta Cq$ (Quantification Cycle Value) Method**

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**Note:** Please refer to your qPCR instrument's data analysis software for data analysis. The method provided here serves as guidance for quick manual calculations.

1. For telomere (TEL),  $\Delta Cq$  (TEL) is the quantification cycle number difference of TEL between the target and the reference genomic DNA samples.

$$\Delta Cq \text{ (TEL)} = Cq \text{ (TEL, target sample)} - Cq \text{ (TEL, reference sample)}$$

**Note:** the value of  $\Delta Cq$  (TEL) can be positive, 0, or negative.

2. For mtDNA,  $\Delta Cq$  (mtDNA) is the quantification cycle number difference of mtDNA between the target and the reference genomic DNA samples.

$$\Delta Cq \text{ (mtDNA)} = Cq \text{ (mtDNA, target sample)} - Cq \text{ (mtDNA, reference sample)}$$

**Note:** the value of  $\Delta Cq$  (mtDNA) can be positive, 0, or negative.

3. For single copy reference (SCR),  $\Delta Cq$  (SCR) is the quantification cycle number difference of SCR between the target and the reference genomic DNA samples.

$$\Delta Cq \text{ (SCR)} = Cq \text{ (SCR, target sample)} - Cq \text{ (SCR, reference sample)}$$

**Note:** the value of  $\Delta Cq$  (SCR) can be positive, 0, or negative.

4.  $\Delta\Delta Cq \text{ (TEL)} = \Delta Cq \text{ (TEL)} - \Delta Cq \text{ (SCR)}$

5. Relative telomere length of the target sample to the reference sample (fold) =  $2^{-\Delta\Delta Cq \text{ (TEL)}}$

6. The total telomere length of the target sample

$$= \text{Reference sample telomere length} \times 2^{-\Delta\Delta Cq \text{ (TEL)}}$$

7.  $\Delta\Delta Cq \text{ (mtDNA)} = \Delta Cq \text{ (mtDNA)} - \Delta Cq \text{ (SCR)}$

8. Relative mtDNA copy number of the target sample to the reference sample (fold)

$$= 2^{-\Delta\Delta Cq \text{ (mtDNA)}}$$

9. The mtDNA copy number of the target sample

$$= \text{Reference sample mtDNA copy number} \times 2^{-\Delta\Delta Cq \text{ (mtDNA)}}$$

### Example Calculations: Comparative $\Delta\Delta C_q$ (Quantification Cycle Value) Method

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**Table 3.**  $C_q$  (Quantification Cycle) values of mtDNA qPCR (mtDNA) and single copy reference qPCR (SCR) obtained for the genomic DNA samples.

<i>Primer set</i>	<i>Target sample</i>	<i>Reference sample</i>
TEL	14.62	16.68
mtDNA	16.41	17.23
SCR	24.64	26.10

$$\begin{aligned}\Delta C_q (\text{TEL}) &= C_q (\text{TEL, target sample}) - C_q (\text{TEL, reference sample}) \\ &= 14.62 - 16.68 \\ &= -2.06\end{aligned}$$

$$\begin{aligned}\Delta C_q (\text{mtDNA}) &= C_q (\text{mtDNA, target sample}) - C_q (\text{mtDNA, reference sample}) \\ &= 16.41 - 17.23 \\ &= -0.82\end{aligned}$$

$$\begin{aligned}\Delta C_q (\text{SCR}) &= C_q (\text{SCR, target sample}) - C_q (\text{SCR, reference sample}) \\ &= 24.64 - 26.10 \\ &= -1.46\end{aligned}$$

- $$\begin{aligned}\Delta\Delta C_q (\text{TEL}) &= \Delta C_q (\text{TEL}) - \Delta C_q (\text{SCR}) \\ &= -2.06 - (-1.46) \\ &= -0.60\end{aligned}$$

$$\begin{aligned}\text{Relative telomere length of the target sample to the reference sample (fold)} &= 2^{-\Delta\Delta C_q (\text{TEL})} \\ &= 2^{0.60} \\ &= 1.52\end{aligned}$$

$$\begin{aligned}\text{The total telomere length of the target sample per diploid cell} &= \text{Reference sample telomere length} \times 2^{-\Delta\Delta C_q} \\ &= (340 \pm 18 \text{ kb}) \times 1.52 \\ &= 517 \pm 27 \text{ kb}\end{aligned}$$

There are 92 chromosome ends in one diploid cell, therefore, average telomere length on each chromosome end =  $(517 \pm 27 \text{ kb}) / 92$   
=  $5.62 \pm 0.29 \text{ kb}$

- $$\begin{aligned}\Delta\Delta Cq (\text{mtDNA}) &= \Delta Cq (\text{mtDNA}) - \Delta Cq (\text{SCR}) \\ &= -0.82 - (-1.46) \\ &= 0.64\end{aligned}$$

Relative mtDNA copy number of the target sample to the reference sample (fold)

$$\begin{aligned}&= 2^{-\Delta\Delta Cq} \\ &= 2^{-0.64} \\ &= 0.64\end{aligned}$$

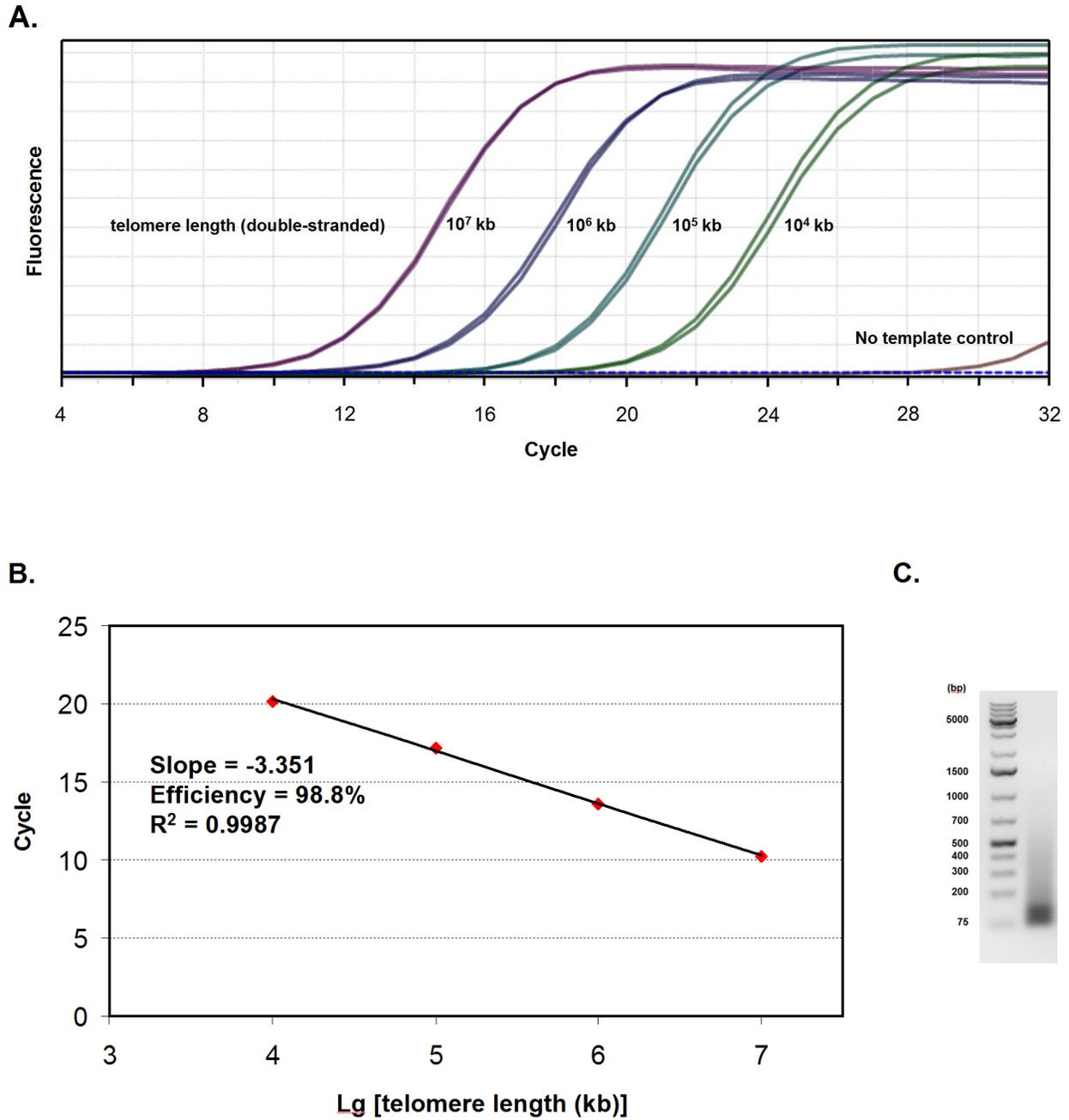
The mtDNA copy number of the target sample per diploid cell

$$\begin{aligned}&= \text{Reference sample mtDNA copy number} \times 2^{-\Delta\Delta Cq} \\ &= (1.05 \pm 0.05) \times 10^3 \times 0.64 \\ &= 672 \pm 32\end{aligned}$$

**Conclusions:**

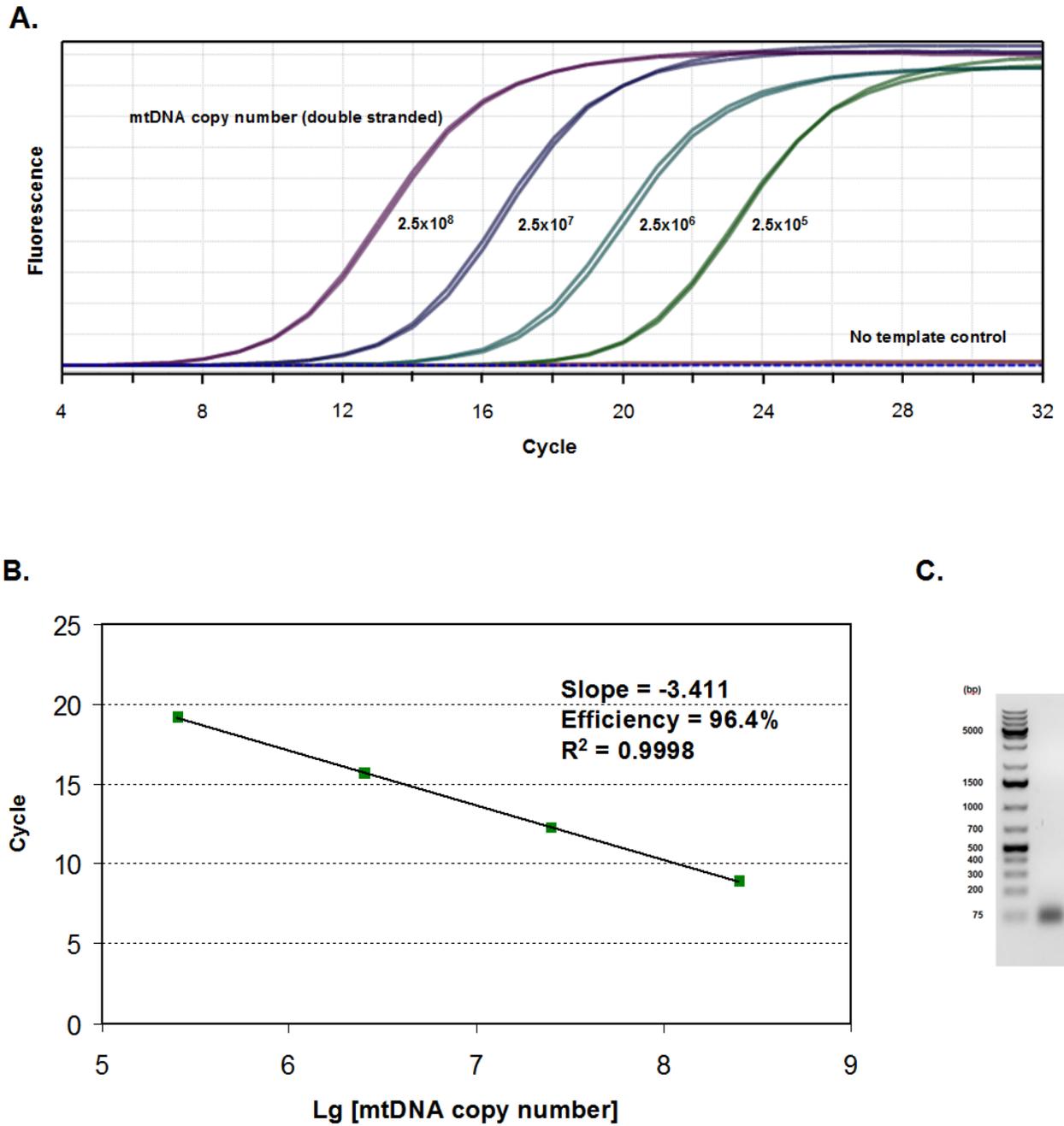
- The average telomere length of target genomic DNA sample is  $517 \pm 27 \text{ kb}$  per diploid cell, or  $5.62 \pm 0.29 \text{ kb}$  per chromosome end.
- The average mtDNA copy number of target genomic DNA sample is  $672 \pm 32$  per diploid cell.

Appendix 1: Quality assessment of Telomere primer set



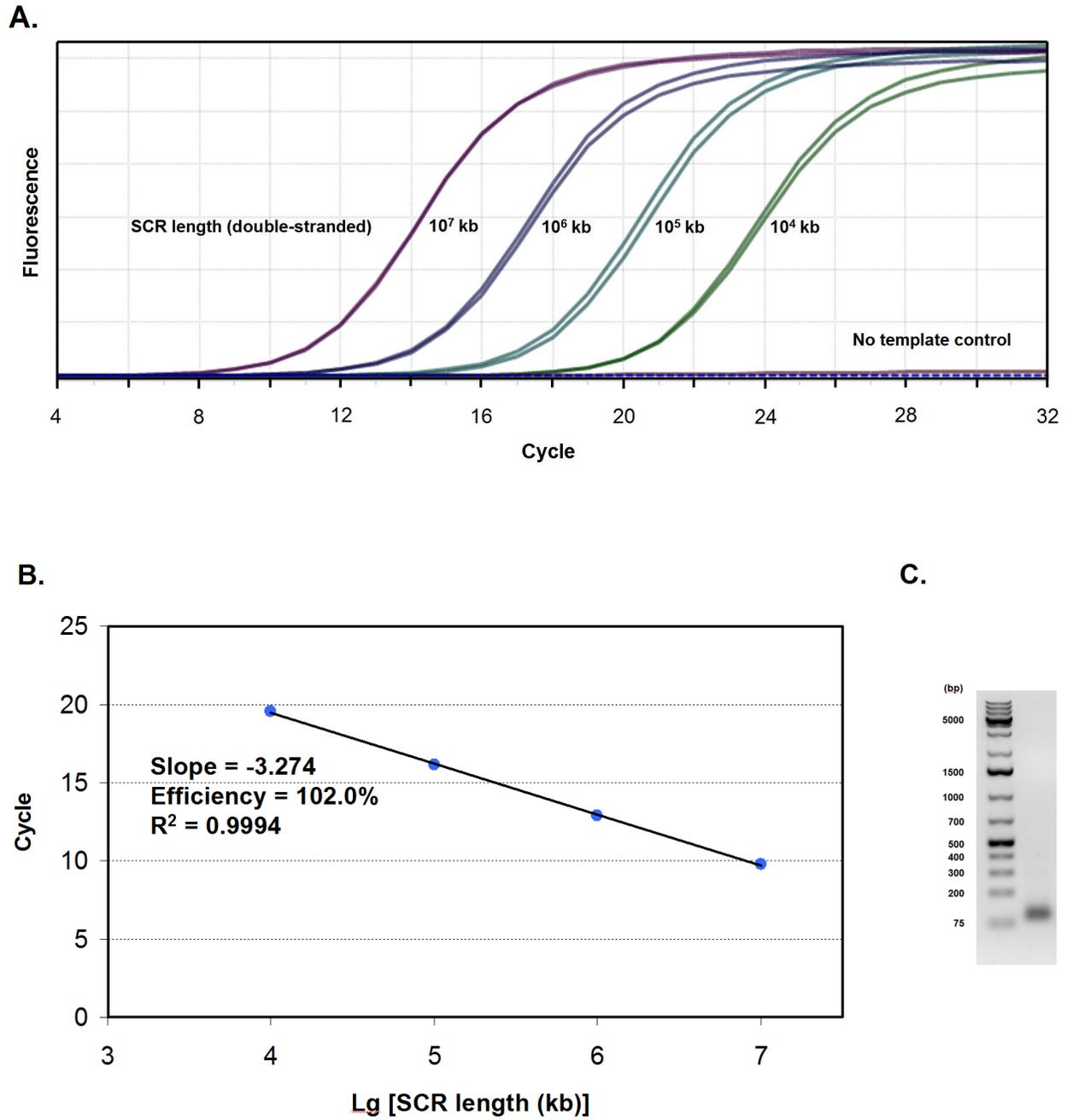
**Figure 3. Quality assessment of Telomere primer set.** (A) qPCR amplification curves using serially diluted telomere repeats as template. (B) Derivation of qPCR efficiency of Telomere primer set. (C) Separation of Telomere qPCR product by gel electrophoresis. A smeared band is observed as expected.

Appendix 2: Quality assessment of mtDNA primer set



**Figure 4. Quality assessment of mtDNA primer set.** (A) qPCR amplification curves using serially diluted mtDNA template. (B) Derivation of qPCR efficiency of mtDNA primer set. (C) Separation of mtDNA qPCR product by gel electrophoresis.

Appendix 3: Quality assessment of Single copy reference (SCR) primer set



**Figure 5. Quality assessment of Single copy reference (SCR) primer set. (A)** qPCR amplification curves using serially diluted SCR template. **(B)** Derivation of qPCR efficiency of SCR primer set. **(C)** Separation of SCR qPCR product by gel electrophoresis.

#### **Appendix 4: Method for quantifying reference genomic DNA sample (Cat #8958e)**

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To quantify the reference genomic DNA sample (Cat #8958e), a qPCR analysis using it as the template was performed. All experiments were performed in triplicates under the same conditions and repeated at least twice.

Derived from the standard curves in appendices 1, 2 and 3, the telomere length, the mtDNA and SCR copy number of reference genomic DNA sample are determined to be:

Total telomere length (double-stranded):  $79.6 \pm 4.3$  Mb

Total mtDNA copy number (double-stranded):  $(2.46 \pm 0.12) \times 10^5$  copies

Total SCR length (double-stranded):  $46.9 \pm 0.8$  kb

The SCR template is 100 bp long, therefore, there are 0.2 kb SCR per diploid cell.

Total number of diploid cells =  $(46.9 \pm 0.8 \text{ kb}) / 0.2 \text{ kb} = 234 \pm 4$  cells

- Telomere length per diploid cell (double-stranded) =  $(79.6 \pm 4.3 \text{ Mb}) / (234 \pm 4)$   
=  $340 \pm 18 \text{ kb}$

There are 92 chromosome ends in one diploid cell, therefore,

Average telomere length on each chromosome end =  $(340 \pm 18 \text{ kb}) / 92$   
=  $3.70 \pm 0.20 \text{ kb}$

- mtDNA copy number per diploid cell (double-stranded)  
=  $(2.46 \pm 0.12) \times 10^5 \text{ copies} / (234 \pm 4)$   
=  $(1.05 \pm 0.05) \times 10^3 \text{ copies}$

#### **Conclusions:**

- The average telomere length of reference genomic DNA sample (Cat #8958e) is  $340 \pm 18$  kb per diploid cell, or  $3.70 \pm 0.20$  kb per chromosome end.
- The average mtDNA copy number of reference genomic DNA sample (Cat #8958e) is  $(1.05 \pm 0.05) \times 10^3$  copies per diploid cell.